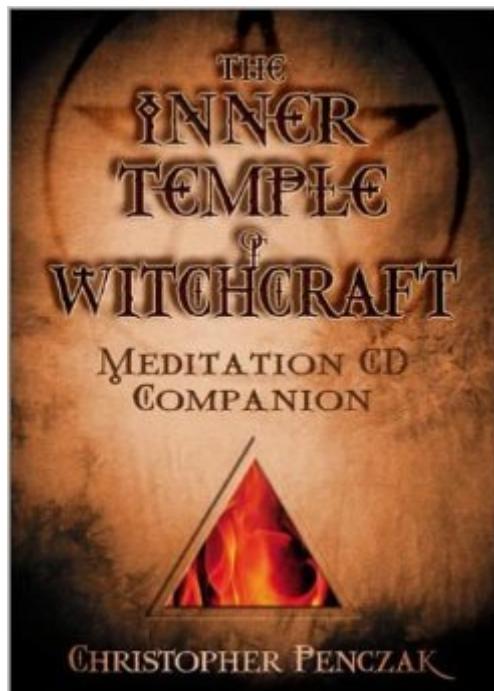


The book was found

The Inner Temple Of Witchcraft Meditation CD Companion (Penczak Temple Series)



Synopsis

Enter the inner temple and discover the power of your magick. For the serious seeker, The Inner Temple of Witchcraft lays the foundation for deep experience with ritual. Instead of diving right into spellwork, this book sets the student on a course of experience with energy and psychic ability—the cornerstones of magick. You will explore witchcraft's ancient history and modern traditions, discovering the path that suits you best. The thirteen lessons take the student through meditation, instant magic, ancient philosophy, modern science, protection, light, energy anatomy, astral travel, spirit guides, and healing, culminating in a self-initiation ritual. A thorough course of education, introspection, meditation, and the development of magical and psychic abilities Contains thirteen lessons, culminating in initiation into the first degree of witchcraft Topics include hermetic philosophy, quantum physics, instant magick, chakras, auras, astral travel, dreams, healing, spirit guides, and past-life regression Prepares the student for any magical path he or she wishes to follow

Book Information

Series: Penczak Temple Series (Book 2)

Audio CD

Publisher: Llewellyn Publications (November 8, 2002)

Language: English

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Product Dimensions: 5.4 x 0.8 x 7.5 inches

Shipping Weight: 2.4 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 starsÂ See all reviewsÂ (38 customer reviews)

Best Sellers Rank: #238,223 in Books (See Top 100 in Books) #91 inÂ Books > Books on CD > Health, Mind & Body > Relaxation & Meditation #94 inÂ Books > Books on CD > Health, Mind & Body > Meditation #233 inÂ Books > Books on CD > Nonfiction

Customer Reviews

It was an excellent idea to make a CD companion to the book "Inner Temple of Witchcraft." A lot of the meditations in the book are longer and involved, and having it narrated to you is a lot easier than straining to remember what you're supposed to be doing during a meditation. The production quality of the CD set is very good. Penczak has a good narration style, and the music is unobtrusive and mood-enhancing. If you are working through the book, then this is an excellent tool to help you on

your way. However, I had one big problem with the CDs, and that's why the set only gets 4 stars instead of 5. Rather than having each meditation with its own track, all the meditation exercises from a chapter are lumped together as one track. So, if you want to do the exercises singly instead of a chapter at a time, you have to hold down the skip button to get where you want to be on the CD. Needless to say, this is not exactly conducive to a deep meditative state. This can be overcome by some computer editing, but if you don't have the tools or the patience, then there's not much you can do. That annoyance aside, I do recommend getting the CDs as well as the book if you're going to be working through the meditation exercises.

For those who are skeptical of just about anything coming from Llewellyn, I have to say that, if they continue to release EXTREMELY HIGH CALIBER material like Christopher Penczak's Temple of Witchcraft series, then they will fully redeem themselves as publishers. Though I share the concerns of other reviewers about the lack of separation between sets of exercises on the CDs, after listening to several tracks I now believe that the exercises were recorded that way for a specific reason. The series of meditations and visualizations, as recorded, afforded me a rich experience that has helped calm my mind and increase my focus within the first three days of receiving the set! For example, after the initial relaxation and counting-down induction, the first "set" takes you through 3 (or four?) sets of simple visualization exercises. Afterwards, he counts you up from the meditation state to full awareness and grounds you with a light chakra sweep and clearing affirmation. Each segment begins and ends in the same calm, balanced and safe manner. When I experienced the exercises for the first time, I appreciated that he didn't short-change the coming-back-to-awareness sequence at the end of each meditation, like some meditation recordings I've heard. If you're considering the companion CDs along with the books, I would consider this a required item to purchase along with the books. Keep in mind, the CDs are a COMPANION to the books--they're not the audio version of the entire text, just the exercises, which comes in very handy if you don't want to have to work on your meditation trance while balancing the book on your lap. Many, many, many blessings to Mr. Penczak for his excellent soothing voice, caring and warm reading, and the top-notch level of the work on this CD and all his books. Bright Blessings!

I have been reading Mr. Penczak's "The Inner Temple of Witchcraft" for about a month and a half. I found that in some of the meditations I had trouble trying to concentrate on how to perform it and trying to remember what the book said. So I was lucky to try out the great CD companion set. My first time listening to the collection was wonderful. Mr. Penczak has a great voice for guiding you through

meditations and the background music fits well with each purpose you take on. From candle meditation to psychic traveling it has been the best cd set I have ever listened to. It goes best with the book for the full understanding and background for each meditation, but I think would be great even on its own. Surely the best meditative cd set I have ever used. Not only that but his book "The Inner Temple of Witchcraft" has been excellent also. I find his writing style to speak deep into my mind where it stays and its clear history of witchcraft was nicely explained. A great buy for anyone whether you are new or have been practicing for a while.

This is the best book on witchcraft I have ever read. You won't find a bunch of spells and incantations here. What you will find is the foundational information that everyone needs before they pursue the more advanced aspects of witchcraft. This book opened up doors for me and has greatly made my path much easier. I could have saved hundreds of dollars on books if this one had been available when I first became interested in witchcraft. There is a lot of garbage out there about witchcraft and it can be difficult to wade through. This book is the best of the best and can be a great tool in aiding you along your path. I have highlighted and marked in this book and I continually go back to it for reference. It's not one of those books that collects dust on the shelf after being read.

A must if you're serious about working with the Inner Temple material. The book is an incredible learning tool by itself but the CD's really add a new dimension to the work. I routinely use them to refresh my studies and help my psychic development. I was fortunate enough to also take the Witchcraft Class I with Christopher and still find the CD's very helpful. I would encourage anyone who is really interested in this topic to purchase both the book and CD's AND to take his class if you can. I've been VERY IMPRESSED with all three.

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